

## **Peanut Butter Treats**

- 2 tablespoons oil
- 1/2 cup peanut butter (one without added sugar - Adams)
- 1 cup water
- 3 cup whole wheat flour (for dogs allergic to wheat, try)

Preheat oven to 350°. Combine oil, peanut butter and water in a bowl. Add Flour 1 cup at a time, then knead into firm dough. Roll dough to 1/4 inch thickness and cut with small bone shaped cookie cutter or use a teaspoon/tablespoon and make drop cookies. You control the size! Bake at 350° for 20 minutes. Makes 2 1/2 dozen.

## **Healthy Dog Treat Recipe**

### **Turkey/Chicken Meatloaf Treats**

Courtesy of Kathy Sdao, CAAB, Bright Spot Dog Training. Thank you, Kathy!

- 1 lb ground turkey (or chicken), drained of excess liquid  
(Don't use high-quality lean meat; it will make the treats too crumbly. I use Jennie-O "Festive" ground turkey; comes frozen in 1-lb logs; located in the supermarket freezer section next to breakfast sausages; ~\$1.89/lb)
- 1¼ cup bread crumbs  
(A friend replaces bread crumbs with oatmeal for her wheat-sensitive dog.)
- 2 tablespoons grated parmesan cheese
- ½ teaspoon garlic (optional)

Mix dry ingredients, then use your hands to mix in the ground poultry thoroughly.

Roll into three logs about 8" long, 1 – 1.5" in diameter. Bake on cookie sheet at 325 degrees for 45 - 50 minutes. Cool. Cut into small pieces. Refrigerate. (Also, you can freeze whole logs.)

Microwave the cut-up bits, spread on a paper towel, on low power for ~3-4 minutes to dry them out. That way, they'll stay fresh longer in a bait bag, out of the fridge for several hours while you're training.

## **Tuna Treats**

Courtesy of Chris Puls, DSA Troop 107. Thanks, Chris!

- (2) 6 oz. cans of tuna (do not drain)
- (2) eggs
- 1 to 1.5 cups of flour
- 2 Tablespoons of garlic powder
- 2-3 tablespoons of parmesan cheese

Liquefy ingredients in a blender or food processor. Mix in the flour a little at a time until it reaches the consistency of thick cake batter. Spread into non-stick 9 x 13 cake pan. These will be about 1/4" thick when done (very little rise.)

Sprinkle with more parmesan cheese if desired.

Bake at 350 for 15 minutes. Edges should pull away from the pan.

Texture will be like stiff putty, easy to cut and break if needed, but not crumbly. Cut into 1/4" pieces and serve! (makes lots!) Extras can be frozen.

### **Salmon Dog Treats**

Courtesy of Melissa Haney & the Aussie Asylum

- 1 can Red Pacific Salmon, drained (approx. 7.5 oz)
- 1 egg
- 1 cup whole wheat flour (or baking flour of your choice)
- 2 tbsp canola oil (or cooking oil of your choice)

In a large bowl lightly beat egg and oil. Add drained salmon and mince apart with fork. Add flour and mix well; using your hands is best. Dough will be thick.

Dust counter with flour, roll out dough, and cut into fun shapes. Place on an ungreased cookie sheet. If you don't want to use a good rolling pin try using an empty wine bottle or drinking glass that has an even thickness.

Bake in preheated oven at 250 degrees for 20-22 minutes. Cookies will be soft and are great to cut up for training treats.

Note: Since I make these weekly now I don't take the time to make cute little shapes. I just roll the dough flat on the baking sheet and score it with a butter knife. The dogs don't seem to mind!

These smell awful! Of course, dogs love them. Refrigerate unused cookies.